

**Michelle F. – Dance Teacher, Dance Company Founder & Mother [Current Client]**

I have been working with Samia Hasan for the past 2 years now. Our sessions are conducted weekly via private phone conversation.

As well as being a wife and mother I also run a professional Dance Company for 17-25yr old dancers, these combined keep me very busy as well as in need of a mentor to confide in and seek advice from-for both the small and larger challenges life throws at me!

Samia is all of these things and more.

She constantly amazes me with her ability to pick up on my feelings and mood even though our sessions are not face to face. She can sense how I am feeling and what it is I need from a session all through conversation.

Initially it was quite tricky finding the time for regular sessions however I now find myself looking forward to our weekly conversations as I am much more productive & able to cope with whatever comes my way afterwards.

I always have a sense of calm and inner strength whilst feeling re-energised at the same time after our sessions.

I can highly recommend Samia as a Coach & Mentor -no matter what area of your life you would like to work on.

M. F.